

WORLD FOOD & MUSIC CELEBRATION



BRAZILIAN GANZÁ

The ganzá is a Brazilian rattle used as a percussion instrument, especially in samba music. It is cylindrically shaped and can be either a hand-woven basket or a metal canister which is filled with beads, metal balls, pebbles or other similar items. Those made from metal produce a particularly loud sound. They are usually used to play a rhythm underneath the rest of the band.

Holly Sells, CultureALL Ambassador, Brazil

MATERIALS NEEDED:

- One recycled plastic bottle
- ¾ cup of rice
- 5 small pieces of bahian ribbon
- 1 small roll of yarn: blue, yellow and green
- 1 paper funnel (rolled sheet of paper)

INSTRUCTIONS:

1. Place the paper funnel in the opening of the plastic bottle. Pour the rice in the bottle.
2. Put three bahian ribbons in the bottle. You can leave them as they are or cut them into tiny pieces.
3. Use the yarn to decorate your ganzá. Wrap or braid the yarn around the plastic bottle and tie a knot to secure it on the outside of the bottle.
4. Wrap one of the bahian ribbons around the mouth of the bottle.
5. Have someone tie the remaining bahian ribbons around your wrist using 3 knots. Make a wish as they are doing it. Leave the bracelet on till it falls off. When it falls off your dream will come true!

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